



Wrestlers had a successful joint "home" meet last Saturday with Brandon. They are back in action tonight in Tri-Valley.

Photo by Kylie Uhl

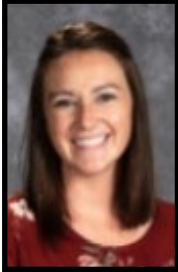
Blue Ink



Small community draws teachers in

by Kennedy Buckneberg & Triston Rekstad
staff writer

When coming to a new school, you aren't very familiar with the town, the people, or the way things go. Now that the new teachers of Garretson have



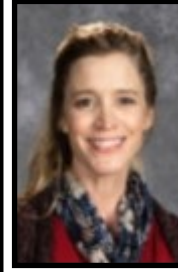
Ms. Etrheim, 4th grade



Mr. Johnson, MS Social Studies



Ms. Brown, Music/Choir



Ms. Assid, Special Education

completed their first semester, they are getting to know more people and getting used to the flow of things. Earlier in the school year, the *Blue Ink* talked to these same teachers about how Garretson is treating them. After having one semester under their belt, the teachers have even better responses to how things are going.

What is your favorite part about teaching at Garretson?

- 5th grade teacher Ms. Etrheim (Ms. E): "The small town community, and all of us teachers being able to work as a team."
- Middle school teacher Mr. Johnson (Mr. J): "I like how everyone seems to know each other and work together a lot."
- Music teacher Ms. Brown (Ms. B):

"The small town atmosphere"
- Special Education teacher Ms. Assid (Ms. A): "It's like family, I already know many people here, so I just feel like it's my community."

What has been the easiest part about teaching at Garretson?

- Ms. E: "Everyone's very flexible, and I like that I can use what I have learned from other schools here."
- Mr. J: "The students are really driven to do well on their own."
- Ms. B: "The students have been very welcoming, and have been engaging in trying new things."
- Ms. A: "I love it! I'm just so happy that I am able to make a difference and face new challenges every day."

What is the hardest part about teaching at Garretson?

- Ms. E: "Learning the new technology, and learning about how Garretson is run compared to other schools in the past."
- Mr. J: "Everything has been going so smoothly, I don't think I have an answer for that one."
- Ms. B: "Just being in a new environment, and learning all of the little things that are maybe unwritten rules or little things that everyone knows but you don't because your new."
- Ms. A: "The physical demand can be exhausting."

What would you like to accomplish by the end of the year?

- Ms. E: "I'm not really sure."
- Mr. J: "I would like to just see the kids improve on their work ethic."
- Ms. B: "As a student body we would have grown in our music understanding, and then also in our performance ability so just giving our best at each concert and continuing to grow."
- Ms. A: "Just seeing my students do things that they've never done before."

This Week's Need to Know

FACT OF THE WEEK: Forrest Mars, the creator of Peanut M&Ms was allergic to peanuts.

LIFE HACK OF THE WEEK: Put things back where you first looked for them, not where you finally found them.

JOKE OF THE WEEK: Did you hear the joke about the little mountain?

BRAINTEASER OF THE WEEK: Which tire doesn't move when a car turns right?

Answers to joke and brainteaser are on the bottom.

Upcoming Events

- Friday, January 11**
 - End of 1st Semester
 - JH GBB @ Baltic (4:00)
- Saturday, January 12**
 - Wrestling @ Tri-Valley (10:00)
 - JH BBB @ BEC in Volga (9:00)
 - GBB @ Luverne (3:00/4:30)
 - BBB @ Luverne (3:00/4:30)
- Monday, January 14**
 - Bus Routes Reverse
 - JH GBB @ Tri-Valley (4:00)
 - School Board Meeting (5:45)
 - PTO Meeting (6:30)
- Tuesday, January 15**
 - JH GBB v. Dell Rapids (4:00)
- Thursday, January 17**
 - Spelling Bee
 - JH BBB v. Tea (4:00)
 - Wrestling @ Dell Rapids (5:00)
- Friday, January 18**
 - GBB v. Vermillion (4:00/5:00/6:30)
 - BBB v. Vermillion (4:00/5:00/8:00)
- Saturday, January 19**
 - JH GBB @ BEC in Volga (9:00)

New year, new me

by Sam Gonzalez
staff writer

With the New Year's coming, many have created their New Years resolution. This usually concludes of eating healthier, exercising more and all that leads to a "new" you. Most succeed, but if you're someone who already broke your New Years resolution by now due to a busy schedule or finding no motivation to work out for an hour a day, here are a few workouts that can be done during your school-day, or even at home.



Photo from EatingDisordersReview.com

Easy ways to help keep your New Year's health resolutions

1. Every time you wake up rather than slowly getting up for school, sprint the entire time you're getting ready. If you think about it, that faster you get ready, the sooner you might be able to sneak in some more sleeping minutes.
2. Drinking a lot of water is vital during the day, but it also comes with having to run to the bathroom every five minutes, so every time you go the bathroom, do 15 squats, after of course. Wouldn't want to have an accident in the stall.
3. If you're sitting in your desk bored, raise you legs under your desk for about 15 seconds, in sets of 5, or however many you can fit in.
4. Waiting in the lunch line can be quite the task, so while standing there bored out of your mind, do about 10 calf raises, in sets of 3's.
5. In South Dakota, students have the privilege to start driving at the age of 14, so most are always driving around. While driving, you can squeeze your one buttock for 10 seconds, and then release. Then alternate between your left and right gluteus maximus.
6. Rather than taking the closest parking spot to a building, park a good distance away to get a good walk in, and if you're running late, then you better sprint.
7. For those who go into Ms. Gloe's room to buy a not so healthy snack, pack some trail mix, granola bars and yogurt the night before to have yourself set for the day.
8. Instead of buying a coffee or pop in the morning for a boost, drink some coconut water, which has high levels of minerals and potassium. If you don't like coconut water, blend it with some fruits to make it more tasty.
9. Some of the favorite restaurants around aren't the healthiest, and if you're someone who struggles to order a healthy meal when the smell of bacon is wafting through your nose, choose a healthier restaurant to eat at so that you have no choice.
10. While chips are pretty delicious, replace it with some popcorn, it's less in calories and has much more whole grains. 10/10 recommend Skinny Pop Popcorn.

JOKE: It was "hill"arious

BRAINTEASER: The spare tire

Worth Mentioning

- Choose Kind**
- January Precept: "No man is an island, entire of itself." - John Donne
 - December Precept: "Fortune favors the bold." - Virgil
 - November Precept: "Have no friends not equal to yourself."
 - October Precept: "Your deeds are your monuments."
 - September Precept: "When given the choice between being right and being kind, choose kind." - Dr. Wayne Dyer

Grapplers continue to improve

by Nobel Nothstine
staff writer

Wrestling is a well known and nationally enjoyed sport, but for Garretson, it's more than just a sport to some students; it's a way of life. From maintaining weight, to strict practices, to intense workouts, wrestling at GHS has always been big.

Recently, the wrestling team has seen some success, but also has had some hard tournaments. In Plankinton on the 15th of December, GHS took 11 wrestlers to the Titan Invitational. The Blue Dragons finished 8th out of 17 teams. Head coach Mr. Ruml said, "We wrestled very well together as a team, especially considering that we won all of our placing matches. I think Tayson Swatek and Isaiah Robinson were our standout wrestlers, both placing in their first tournament of their careers."

Flashing forward to the most recent meet in Luverne, Garretson also performed well, outscoring their opponents by 19 points. (Garretson 43, Luverne 24)

Mr. Ruml said, "The Blue Dragons wrestled very well coming out of the evening with a victory. Picking up key victories for Garretson was Preston Bohl, Hunter Abraham, Braxten Rozeboom, Hayden Pierret, Isaiah Robinson, and Dominic Abraham."

But that's not the only big news surrounding wrestling at the moment, hotshot Hayden Pierret is the talk of the town, as he achieved his 100th win of his wrestling career. The

Senior Hayden Pierret secures 100th career win

Blue Ink went to ask Hayden some questions about this monumental occasion to get an inside look.

How does this season differ from previous seasons?

HP: "This season is definitely a little bit different from my others, as it's my senior year. It's pretty much my one last ride, so I plan on working as hard as I can."

What does getting your 100th win mean to you?

HP: "Well, it's really a big milestone for me to hit. I've enjoyed wrestling for a long time, so achieving that and seeing all of that work pay off meant a lot to me."

Are you satisfied with your season thus far? What are some goals of yours for future meets this season?

HP: "Honestly, no, I'm not satisfied with my season so far. I think there's some matches I lost that I shouldn't have, and some tough tournaments. My goals for the rest of the season are to just win as much as possible, and hopefully push to win a state title."



Hayden Pierret, pictured with sister and team statistician Morgan, secured his 100th career win last Saturday at the Dan Pansch-Jesse James tournament in Brandon.

Photo courtesy of Morgan Pierret

Check the chart below to take a look at some of Garretson recent past matchups, and who they'll face soon. Also keep an eye out for the matches this weekend in Colton!

12/15/2018	MVPCS Tournament	Plankinton
12/20/2018	Quad: Parker - MCM - Howard	Montrose
12/22/2018	Floyd Farrand Tournament	SF Lincoln
1/5/2019	Dan Pansch - Jesse James Tournament	Brandon
1/8/2019	Luverne Dual	Luverne MN
1/12/2019	Tri-Valley Tournament	Colton
1/17/2019	Triangular: Dell Rapids - SF O'Gorman	Dell Rapids

Palisades renovation

by Trevor Edmundson
staff writer

Many have noticed the changes to Palisades Oil & Propane, also known as the Stop and Shop, right outside of Garretson. Last fall owner Tom Coburn began renovations, adding more gas pumps and other important changes.

One of the easiest changes to tell would be the new sign. Much like the Garretson sign that welcomes drivers to town as they turn off of Highway 11 and onto Dows, the new Stop and Shop sign is animated and looks very professional. It features specials as well as gas prices.

Another change would be to the exterior of the main building of Stop and Shop. They removed and replaced the old outdoor siding of the building with new siding, giving the building a brand new look.

The new gas pumps and sign are great, new additions with the new pumps giving more space for more customers and the new sign helping draw in those new customers. The new outdoor siding to the building also give the shop a brand new look which will make it much more attractive to the eye.



Blue Dragon basketball faces tough competition

GIRLS BASKETBALL

by Mataya Trower & Oliviyah Thornton
staff writer

*Girls beat St. Mary's, struggle against Flandreau.
Boys look to find spark after disappointing BEC tourney*



Garretson and Luverne C teams squared off earlier this week. The Blue Dragons were able to handle the Cardinals, coming away with a win. This is in part to some solid defense, shown are Jayden Clark and Lauren Heesch (#24).

Girls Basketball

After an impressive offensive performance over the holiday break, scoring over 70 points, the Blue Dragons went back to work. Girls basketball faced off against Flandreau (5-2) on Tuesday, January 8. About halfway into the season, the girls suffered their second loss, struggling against a tough Flandreau defense.

Blue Dragons started off well keeping Flandreau within striking distance but by second quarter the Blue Dragons just couldn't hold on and Flandreau's lead expanded. By the end of the first half Garretson was down 11-39.

"I think our team needs to improve on building up our confidence during games and pushing our teammates to keep going even if they aren't playing well!" Jaelyn Benson, freshmen varsity player said.

Coming back from the half there was still hope that the Blue Dragons could come back but in the end Garretson loss 28-55. "In the Flandreau game, I think we all know that we didn't have our best game, but I think there was a lot of good things that we did and things we could definitely work on," said Benson.

After the loss to Flandreau, Coach Shrank said, "This week we are working on being more aggressive and more confident, and we working on flowing in the game a little better."

The Garretson girls play another game tomorrow on Saturday, January 12 at 3:00 p.m. against Luverne, MN. Junior varsity follows at 4:30.

Boys Basketball

GHS Vs.	Score	W/L	Opponents W-L
Tri-Valley	46-44	W	1-5
Chester Area	61-46	W	3-4
Canton	52-39	W	0-6
Castlewood	49-38	W	3-4
Tea Area	54-57	L	2-7
Dell Rapids St. Mary	73-67	W	3-4
Flandreau	28-55	L	5-2

Yesterday Garretson faced off against West Central. Both teams came into this game with three wins under their belt. After being down by just two at half and even leading by one going into the fourth quarter, Garretson struggled to close out. West Central put away the Blue Dragons 51-42. West Central improves their record to 4-4 while Garretson drops to 3-8. Blue Dragons get a chance to get back on the winning track tomorrow at Luverne. Varsity plays at 4:30, junior varsity at 3:00.



Jake Schroeder (#10) goes into traffic and converts for two points, but Schroeder and the Blue Dragons were unable to stop the Cardinals C team. JV and Varsity get a shot at redemption tomorrow.

Walling up, standing strong

Trump holds strong on demand to build wall

by **Mason Hofer**
staff writer—editorial

With the current shutdown primarily centered around the funding for enhanced border security, people begin to wonder whether or not the wall would be worth the five billion dollars the white house is asking for. Most people form an opinion without doing their own research or even looking into it. This article will present you with both sides of the argument so you can form your own educated opinion.

Why we shouldn't build the wall.

A huge problem with illegal immigration into the United States is visa overstays. What this means is a good chunk (27-40 percent) of illegal immigrants came to the United States legally and just didn't go home. A wall wouldn't stop this, some studies even show it would increase the amount of visa overstays because people are threatened by the wall and don't want to go back.

The wall would also have to stretch over 2,000 miles, most of this actually works as a natural border so there is no need for a wall in large portions of the southern border. Some people even have homes where the wall would have to go. The wall would also be a hefty price, the wall will cost about the same price as 20 Hoover dams.

A lot of issues are that people think it will slow immigration which is

just not true, right now the immigration rate is at an all time high and this would not change with the addition of a wall.

Why we need the wall.

The wall would not completely stop illegal immigration, but it would drastically decrease. Even if the wall only slowed down illegal immigration by 3%, the wall would pay itself off in ten years. How may you ask, the average illegal immigrant costs the economy around 70,000 dollars. The wall would definitely stop more than 3% though, in the previous section i stated that 27-40 percent of illegal immigrants come here on planes and overstay their visas. This true but when you think about it, this means at least 60% are NOT coming on planes. If 60% is not a high enough number i don't know what is.

Another huge issue the wall would slow down drastically is drug smuggling into the United States and gang violence. About 300 Americans are killed by heroin every week, around 90% of all heroin is brought into the U.S. via the southern border. In 2018 there was about 2,400 pounds of fentanyl seized from illegal immigration, enough for every American to overdose. The murder rate along the Mexican border is very high. Law enforcement makes around 17,000 arrests annually around the Mexican border.

Senior Spotlight

SENIOR PROJECT:

Creating an outdoor cooking station

ACTIVITIES INVOLVED IN:

Football, Basketball, Baseball, Track, Part-Time Chess Club, & Dragon Trainer

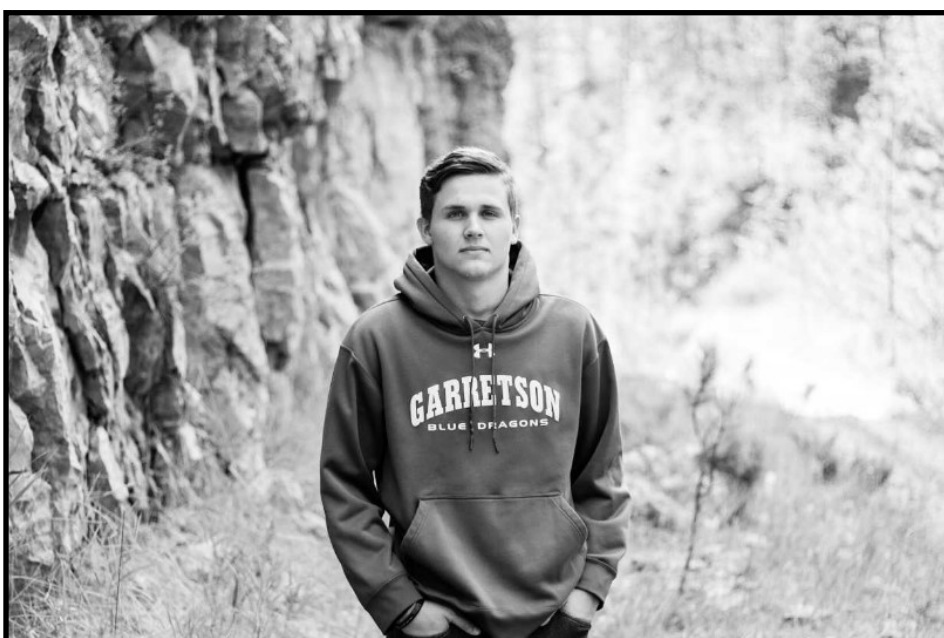
WHO/WHAT WILL YOU MISS MOST:

Football and Mrs. Granberg

PLANS FOR NEXT YEAR:

Major in forensic science at an undecided university

Brennan Mudder



Longest government shutdown in history

Party leaders struggle to negotiate

by **Riley Altman & Malia Johnson**
staff writer

This is the 10th government shutdown since 1976. Although there has only been 10 complete shutdowns there has been 22 gaps in budget funding, and three in President Trump's presidency. The shutdown began on December 22, 2018 because of a financial disagreement. If the government remains closed through Friday, January 11 it will mark the longest shutdown in history, causing thousands of federal workers missing their paychecks.

The shutdown affects more than 800,000 federal workers in nine different departments. These departments include Department of Treasury, Department of Agriculture, Homeland Security Department, Department of Interior, Department of State, Department of Housing and Urban Development, Department of Transportation, Department of Commerce, and Department of Justice.

John Shape, a familiar face at Garretson School, has been affected by this personally while in the process of buying a house.

Coach Shape and his wife were in the process of buying a house when the government closed, causing their loan from the Department of Agriculture come to a stand still. Although the loan got approved by the bank signatures are still required by the Department of Agriculture. Shape's closing date is January 15 unless the government remains closed. Once the government reopens it could take awhile for them to move into their new home, because they're not the only ones affected by this crisis. Shape stated that the hold up is annoying and frustrating, but nothing can be done about it.

The current shut down may be making a new record for the longest shut down ever, but will hopefully decide a budget fund and "Make America Great Again!"

A golden start to the year

Music based movies sweep the boards at the 76th annual Golden Globe Awards

by **Jayden Clark**
staff writer

For just over 75 years, the Golden Globe awards ceremony has been an annual event for the film industry and for movie lovers across the nation. The Globes is a ceremony that presents awards for outstanding achievements in movies and films. This year the ceremony took place on Sunday, January 6 in Beverly Hills, California. Hosting the event were Killing Eve star Sandra Oh and Brooklyn Nine-Nine star Andy Samberg. The Golden Globes, like the Oscars, focuses on achievements in movies, but have a more selective voting body than the Oscars.

Every year the Globes have many different awards covering nearly all aspects related to movies including "best motion picture" to "best actress" to "best screenplay."

A Star is Born, which many anticipated would sweep awards in multiple categories, took home only one award for "best original song." Another popular movie, Bohemian Rhapsody, won multiple awards including "best motion picture, drama," over favored movie A Star is Born, and "best performance by an actor (in a motion picture)." The movie Green Book left the Globes with numerous awards as well, including "best motion picture, musical and comedy" and "best screenplay." Throughout the ceremony, the award trend became clear - that movies based on music such as Green Book, Bohemian Rhapsody,

and A Star is Born, seemed to steal the show and take home many of the awards. If you wish to see all the awards, nominees, and winners from the 2019 Golden Globes just click on the link below and take a look.

<https://www.goldenglobes.com/winners-nominees/2019/all#category-68>.

The date, location, and hosts for the 2020 Golden Globe Awards ceremony will be finalized and announced later this year. In the meantime, all you dedicated movie lovers should start watching those new releases, so you can identify your favorite movies of 2019 and cheer on next Globe awards!



Rami Malek received a Golden Globe for his performance as Freddie Mercury in *Bohemian Rhapsody*.
Photo from Paul Drinkwater (NBCUniversal)
published at people.com